

REPUBLIC OF ZAMBIA

MINISTRY OF EDUCATION, SCIENCE, VOCATIONAL TRAINING AND EARLY EDUCATION

INTEGRATED SCIENCE SYLLABUS

GRADE 8 – 9



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VISION

Quality, life-long education for all which is accessible, inclusive and relevant to individual, national and global needs and value systems.

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PREFACE

Since the ability to think scientifically and understand scientific processes is becoming a condition for survival in Zambia, there is need for the national education policy to emphasise the need for learners to develop skills that they can apply in various ways in their environment.

The Basic Education Syllabus for Grade 8 and 9 emphasises that the approach to be used in teaching of Integrated Science should be learner centered. Therefore, the prime goal for science teaching at this level of education should develop processes of scientific thinking in learners. It is necessary, therefore, in integrated science for learners to be enabled to apply their own ideas, use their hands, and conduct their own investigations, however simple. This necessitates balancing the content of what learners learn with the processes by which they learn. This also implies an enhanced role for guided discovery teaching/learning methods/techniques.

This syllabus suggests that the development of scientific thought processes in learners can be approached from a number of starting points. The criterion should be the relevance of the material to the environment and to the possible later sphere of the employment of the learner.

Finally, it is hoped that the product of Integrated Science will be able to adapt and use scientific and technological developments and to generate new developments.

Chishimba Nkosha (Mr) PERMANENT SECRETARY MINISTRY OF EDUCATION, SCIENCE, VOCATIONAL TRAINING AND EARLY EDUCATION

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Many individuals, institutions and organizations were consulted to gather their views on the existing syllabus and to accord them an opportunity to make suggestions for the new syllabus. The Ministry of Education wishes to express heartfelt gratitude to all those who participated for their valuable contributions, which resulted in the development of this syllabus.

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We pay special tribute to co-operating partners especially JICA in collaboration with Hiroshima University and UNICEF for rendering financial and technical support in the production of this syllabus.

C.N.M Sakala (Mrs.) Director-Standard and Curriculum MINISTRY OF EDUCATION, SCIENCE, VOCATIONAL TRAINING AND EARLY EDUCATION

INTRODUCTION

Integrated Science includes crosscutting issues such as Environmental, Reproductive Health, HIV and AIDS, Hygiene, Nutrition, Substance Abuse, Water and Sanitation.

METHODOLOGY

The success of Integrated Science can be achieved by maximum participation by learners. This subject, enhances creativity, analysis, problem solving and an investigative approach. It can be taught effectively using a variety of methods (techniques) both in the classroom and outside. It is advisable that these are integrated wherever possible. Learners are expected to conduct experiments, study tours, fieldwork and project work.

GENERAL OUTCOMES

Integrated Science is a subject in which learners are required to acquire knowledge, develop skills:-



Manipulative Skills

These enable learners to:

- Use and handle science apparatus and laboratory substances correctly;
- Handle specimens correctly and carefully;
- Draw specimens, apparatus and laboratory substances accurately;
- Clean science apparatus correctly;
- Store science apparatus and laboratory substances correctly and safely.

They also need to develop attitudes and values.

Attitudes and Values

These include:

- Having an interest and curiosity towards the environment;
- Being honest and accurate in recording and validating data;
- Being diligent and persevering;
- Being responsible about the safety of oneself, others and the environment;
- Realising that Integrated Science is a means to understand nature;
- Appreciating and practising clean and healthy living;
- Appreciating the balance of nature;
- Appreciating the contribution of Integrated Science and technology to society;
- Having critical and analytical thinking;
- Being flexible and open minded;
- Being kind hearted and caring;
- Being objective;

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- Being systematic;
- Being cooperative;
- Being fair and just;
- Daring to try;
- Thinking rationally;
- Being confident and independent.

These will help learners to explore and understand their immediate environment and the world at large

General Aim

The main aim of the Integrated Science syllabus is to develop science competencies to assist learners contribute effectively in their own environment and also for their lifelong learning. These **competences** include:

- Attitudes that enable the responsible use of scientific knowledge and skills
- Communication and group work skills for use in collaborative team work
- The selection and application of appropriate science skills, apparatus/tools and strategies to understand and interpret the world around them
- An increased awareness of the importance of Science Technology, Society and the Environment (STSE)
- Application of science knowledge skills, values and positive attitudes to everyday life and situations

Each unit of the syllabus is introduced with its own broader general outcomes. The general outcomes are then broken down to specific outcomes which highlight the content in terms of knowledge, skills and values that a learner is expected to exhibit as a result of the learning experience.

ASSESSMENT

Considering that the syllabus for intergraded science does emphasise teaching in a practical way, the assessment at this level will now include a practical part covering the areas of basic biological and physical sciences in addition to the two theory papers that learners sit for. It is hoped that this will form a sound foundation for learners to be grounded in doing science with hands on experience as well as build confidence in teachers in the way they conduct practical.

Continuous assessment will be emphasised by using various methods of testing according to topics and themes at various levels. The Examinations Council of Zambia (ECZ) will prepare detailed procedures on how continuous assessment will be conducted by the teachers. ECZ will also develop examination syllabus to provide teachers with guidelines on the Outcomes to be tested. The scheme of assessment will consists of school based assessment and final examination which includes the practical to be conducted by the Examinations Council of Zambia.

School based assessment will be in the form of tests. Tests will be in the form of diagnostic, aptitude, achievement, oral, practice attitude and performance, learners.

After studying this course learners are expected to develop the following:

- an attitude of scientific curiosity and enquiry;
- the ability to generate new ideas;
- ability to co-operate;
- willingness to share knowledge;
- an understanding of human beings and their environment;
- awareness of a variety of life;
- an understanding of the relationship of living things in their environment;
- Knowledge and skills in health and nutrition.

Therefore, it is envisaged that the product of this subject will be able to adapt and use scientific and technological developments and to generate new development.

TIME AND PERIOD ALLOCATION

Time allocation for the effective coverage of this syllabus is:

6 periods x 40 minutes. Four of the six periods must be doubles.

GRADE 8						
 General Outcomes: Demonstrate an understanding of the basic facts about the human body Develop investigative skills Recognise the importance of 	 Key competences Demonstrate the ability to measure mass, weight, temperature and volume Show basic skills and knowledge in determining density, real 					
 personal health Develop investigative skills on personal health Develop knowledge, values and positive attitudes for the immediate environment Develop investigative skills about the immediate environment Demonstrate an understanding of the basic facts about plants and animals Develop investigative skills about plants and animals Develop investigative skills about plants and energy 	 show basic skins and knowledge in determining density, real and apparent depth Demonstrate ability to record the breathing rate Show basic skills and knowledge in preparing oxygen , carbon dioxide and hydrogen 					

торіс	SUD TODIC	SDECIEIC OUTCOMES	CONTENT		
TOPIC	SUB IUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
8.1 THE HUMAN BODY	8.1.1 Human Reproductive System and Puberty	 8.1.1.1 Identify organs of the human reproductive system. 8.1.1.2 Explain the functions of the parts of the reproductive system. 8.1.1.3 Identify changes associated with puberty for both male and female 8.1.1.4Explain the importance of observing personal hygiene of the reproductive organs 	 Organs of reproduction; Male: testes, sperm duct, scrotum, urethra, penis. Female: ovaries, oviducts, uterus, cervix, vagina. Functions of reproductive parts: penis-depositing sperms, ovary- producing ovules Changes associated with puberty: Menstruation and Wet dreams. Importance of personal hygiene E.g. avoid infections, diseases 	 Observing parts of reproductive system using a model Communicatin g information on reproduction Communicatin g information on changes in boys and girls at puberty using a variety of sources. 	 Appreciating one self Applying knowledge on hygiene to stay healthy Being aware of one's changes at puberty

TOPIC	SUR TOPIC	SPECIFIC OUTCOMES	CONTENT		
IOFIC	SUB TUPIC	SFECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	8.1.2Fertilization and Embryo development	 8.1.2.1Describe the process of fertilisation in human beings. 8.1.2.2 Explain the functions of the parts important for development of the embryo. 8.1.2.3Describe gestation period and birth. 	 Fertilisation: fusing of a sperm and an egg in oviducts to form a zygote Functions of :placenta, amnion, amniotic fluids, umbilical cord, uterus and cervix Gestation: Period in months or days from fertilization to birth. Stages of embryo development: Zygote; Embryo; Fetus and Baby. 	 <i>Communicating</i> functions of parts involved in embryo development <i>Predicting</i> the birth date given the gestation period 	 <i>Appreciating</i> human life from conception to birth <i>Asking</i> more questions for better understanding
8.2HEALTH	8.2.1 Nutrition	 8.2.1.1 Describe the different types of food nutrients. 8.2.1.2 Describe the dietary needs for different persons. 8.2.1.3 Identify common nutritional 	 The different types of food nutrients: carbohydrates, proteins, fats, minerals and vitamins Dietary needs for different persons: e.g. Baby – more protein and minerals, Pregnant mother – more protein, calcium, iron and vitamin D, etc. 	 <i>Comparing</i> the dietary needs of different people <i>Classifying</i> deficiency diseases 	 Appreciating the need for different dietary requirements Participating actively in group work
		deficiency diseases of symptoms and their diseases. 8.2.1.4 Describe the importance of children's clinics	 Nutritional deficiency diseases and their symptom such as kwashiorkor, marasmus, rickets, anemia, scurvy. The roles of children's clinics for nutrition; growth monitoring and immunization, providing supplement and providing nutritional advice 	• <i>Inferring</i> the types of deficiency diseases.	• <i>Being aware</i> of different food nutrients

TODIC	SUP TODIC	SDECIEIC OUTCOMES	CONTENT		
IOPIC	SUB IUPIC	SFECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
8.3. THE ENVIRONMENT	8.3.1 Water, Air and Land Pollution	 8.3.1.1 Explain what pollution is. 8.3.1.2 Identify different types of pollution of the environment 8.3.1.3Identify causes of pollution of the environment. 	 Pollution as the addition of harmful substances to the environment Types of pollution: Water, Air and Land pollution. Causes of pollution: Water pollution-Untreated sewage, washing clothes in rivers and streams, chemicals from factories and farmland. Air pollution- Smoke, dust, fumes etc. Land 	 Communicating information on pollution. Observing effects of pollution on the environment Investigating ways of reducing, re- using and 	 <i>Awareness</i> of pollution <i>Applying</i> knowledge on the three Rs to conserve materials
		8.3.1.4 Describe the effects of pollution on the environment	 pollution-garbage, effluents from factories, garbage Effects of pollution: water pollution- out breaks of diseases, poisonous, affects aquatic life. Air pollution- Breathing difficulties, global warming, and acid rain. Land pollution- 	recycling of used materials.	
		8.3.1.5 Describe ways of preventing pollution of the environment	 outbreak of diseases, unpleasant smells, unproductive land. Ways of preventing pollution: (conservation of resources-3Rs: Reduce, Re-use and Recycle of pollutants) 		

TOPIC	SUD TODIC	SDECIEIC OUTCOMES	CON	ΓΕΝΤ	
IOFIC	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
8.4 PLANTS AND ANIMALS	8.4.1Plant Cells	 8.4.1.1Identify the main parts of a microscope 8.4.1.2Examine the plant cell structure using a microscope. 8.4.1.3 Describe the functions of the parts of the cell 	 Parts of a microscope: mirror, Stem, lens, stage, eye piece, adjustment knob. The structure of plant cell: Cell wall, cell membrane, cytoplasm, nucleus and chloroplast, vacuole Functions of cell parts: cell wall- protection, cell membrane- selectively permeable to materials, nucleus- controls all cell activities, Chloroplasts- contain chlorophyll 	 <i>Demonstrating</i> how to use a microscope <i>Observing</i> the cell structure using the microscope <i>Communicating</i> information on the functions of the cell parts. 	 <i>Cooperating</i> in group activities <i>Asking</i> more questions for better understanding <i>Respecting</i> other people's ideas
	8.4.2 Plant Growth and Nutrients	 8.4.2.1 Identify regions of growth of a plant 8.4.2.2 Demonstrate responses to stimuli in shoots and roots 8.4.2.3 Describe nutrients important to plant growth 8.4.2.4 Investigate how plants obtain dissolved mineral salts from the soil 84.2.5 Identify sources of plant nutrients 	 Regions of plant growth: e.g. Shoot, roots, stem Responses to stimuli: Phototropism and geotropism Plant nutrients: potassium, nitrogen, phosphorous. How plant obtain minerals: Roots to the stem to the leaves Sources: Organic fertilisers (manures, compost) and Inorganic fertilizers (Urea, D Compound) 	 <i>Investigating</i> the movement of minerals salts in plants <i>Recording</i> data on a planned investigations <i>Communicating</i> sources of plant nutrients 	 Cooperating in group activities Applying knowledge to care for the environment when using fertilisers Asking more questions for better understanding

TODIC	SUD TODIC	SDECIEIC OUTCOMES	CONTENT		
TOPIC	SUB IUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
		8.4.2.6Explain the advantages and disadvantages of inorganic and organic fertilisers	• Advantages and disadvantages of inorganic and organic fertilizers	• <i>Identifying</i> ways of reducing the adverse effects of fertiliser use	• <i>Applying</i> knowledge to care for the environment when using fertilizers • <i>Asking</i> more
		8.4.2.7 Explain the effect of excessive use of inorganic fertiliser to the soil.	• Effects of excessive fertilisers: plants die, soil become acidic, over growing of plants		questions for better understanding
	8.4.3Animal Cell	 8.4.3.1Describe the basic structure of an animal cell 8.4.3.2 Describe the functions of the parts of the cell 8.4.3.3Identify different features in the basic structure of an animal cell and plant cell 	 Structure of an animal cell: Cell membrane, cytoplasm, nucleus Functions of cell parts: cell membrane-selectively permeable to materials, nucleus- controls all cell activities Differences between plant and animal cell: Cell wall, chloroplast and vacuole 	 <i>Comparing</i> plant and animal cells <i>Observing</i> parts of cells <i>Recording</i> findings during the observation 	 Appreciating the structure of cells Participating actively in class activities

TODIC	SUD TODIC	SDECIFIC OUTCOMES	CIEIC OUTCOMES CONT		
IORIC	SUB TUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
8.5MATERIALS AND ENERGY	8.5.1Composition of Matter	 8.5.1.1 Describe the composition of matter 8.5.1.2 Describe the basic structure of an atom. 8.5.1.3 Identify common atoms using symbols 8.5.1.4 Demonstrate the formation of simple molecules using models of atoms 	 Composition of matter: All matter is made up of particles called atoms (basic building block of matter).Most atoms can combine with other atoms to form molecules. An element is a form of matter made up of only one kind of atom. Structure of an atom: Nucleus(centre) surrounded by electrons in shells Common Atoms such as Carbon(C), Hydrogen(H), Oxygen(O), Nitrogen(N), Copper(Cu), Iron(Fe), Aluminium(Al). Molecules: Oxygen(O₂), Hydrogen(H₂), Nitrogen (N₂), Water(H₂O), Carbon dioxide(CO₂) 	 <i>Communicating</i> the composition of matter. <i>Observing</i> the basic structure of the atom using a model. <i>Formulating models</i> of simple molecules 	 Participating actively in class activities Questioning new ideas, concepts and models

TOPIC		ECIEIC OUTCOMES	CONTENT		
TOPIC SUB	IUPIC SPE	ECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
8.5.2Phy Cl St	ysical 8.5.2 hange of ate 8.5.2 8.5.2	 2.1 State what physical change is 2.2 Describe the arrangement of atoms in the three states of matter 2.3 Identify the temperatures at which water changes state. 	 What Physical change is: change from one state to another Arrangement of Atoms: Solid-Atoms very close together; Liquid- Close together; Gas-Atoms spread far apart. Temperatures at which water changes state: Melting and boiling points(plotting a graph of temperature against Time) 	 <i>Communicating</i> the arrangement of atoms in the three states of matter. <i>Experimenting</i> change of state of water. <i>Measuring</i> accurately the temperature of water. <i>Recording</i> data <i>Organising</i> data in tables and graphs <i>Inferring</i> the melting and boiling points. 	 <i>Applying</i> safety rules when experimenting <i>Cooperating</i> during group work <i>Participating</i> actively in class activities

TODIC	SUD TODIC	SDECIEIC OUTCOMES	CONTENT		
IOFIC	SUB IOFIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	8.5.3Mixtures	 8.5.3.1 Explain what a mixture is 8.5.3.2 Identify different types of mixtures 5.3.3 Identify methods of Separating mixtures. 8.5.3.4 Explain some of the industrial applications of separation techniques 	 Substance made up of two or more substances that are not chemically combined. Mixtures such as soil, air, corks and marbles, sea water ,fruit salads Methods of separating mixtures: Filtration, Simple distillation, evaporation, magnetisation, Industrial application of separation techniques: E.g. making sugar, salt from sea water, scrap metal 	 <i>Communicat</i> <i>ing</i> different types of mixtures <i>Investigating</i> the separation of mixtures <i>Planning</i> an investigation to separate mixtures 	 Applying the separation of mixtures in everyday life Cooperating in class activities Taking precautions when carrying out investigation
	8.5.4 Mass and Weight	 8.5.4.1 State what mass is 8.5.4.2 Measure the mass of different objects 8.5.4.3 State what weight is 8.5.4.4 Measure the weight of a given object correctly 8.5.4.5 Calculate the weight of a substance given the mass 8.5.4.6 Distinguish between mass and weight 	 Mass as the amount of matter in a substance. Recording mass and its units(flour, rice, salt) in Kg and g Weight as the pull of gravity on a mass(Weight=mass x acceleration due to gravity) Note that the acceleration due to gravity is 10N/kg on earth Recording weight and its units in Newton(N) Calculating the weight of different substances given the masses Difference between mass and weight in terms of; nature, measuring instruments, units, and mass is constant while weight varies from place to place. 	 Measuring mass and weight of given objects Comparing mass and weight Calculating the weight of different objects given the mass. 	 <i>Applying</i> the measuring of mass and weight in everyday life <i>Participating</i> actively in group activities <i>Participating</i> actively in group activities

TODIC	SUD TODIC	SDECIELC OUTCOMES	CONTENT				
TOPIC	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES		
	8.5.5 Density	 8.5.5.1 Explain the meaning of density 8.5.5.2 Demonstrate how to determine the densities of different substances. 8.5.5.3 Demonstrate that an object will sink or float on a liquid. 8.5.5.4 Describe how vessels float. 8.5.5.5 Explain the effects of over loading vessels. 	 Density as mass per unit volume: Mass/volume and its units(cubic centimeter) Factors of density such as mass and volume to calculate densities of: stone, wood water Sinking and floating: Denser objects sink and less denser objects float in relation to the density of liquid How vessels float: Larger volume-less dense Effects of overloading vessels: sinking, accidents 	 Designing the experiment to determine densities Measuring the mass and volume of objects Investigating the densities of different materials Observing the sinking and floating of materials Inferring sinking and floating based on observations Classifying materials into floating and 	 Appreciating densities of different materials Cooperating in class activities Asking more questions for better understanding 		
				sinking			

TODIC			CONTENT			
TOPIC	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
	8.5.6 Heat transfer	 8.5.6.1 Demonstrate the types of heat transfer 8.5.6.2 Investigate the movement of heat in matter 8.5.6.2 Describe how the vacuum flask works. 	 Types of heat transfer: conduction, convection and radiation Movement of heat in solid (conduction), liquid (convection) and air (convection) The application of heat transfer; How a vacuum flask works: Maintaining temperature constant, etc 	 <i>Communicating</i> information on heat transfer and its use <i>Experimenting</i> on the heat transfer <i>Observing</i> the movement of heat transfer 	 <i>Applying</i> the use of heat transfer in everyday life <i>Cooperating</i> in class activities <i>Participating</i> actively in class activities 	
	8.5.7 Heat and expansion of substances	 8.5.7.1Demonstrate expansion of substances 8.5.7.2 Describe the use of the expansion of different substances in everyday life 8.5.7.3Explain the effect of expansion and contraction of Substances. 	 Expansion of substances such as copper, aluminum, steel, brass, bronze Use of expansion in everyday life: E.g. thermometers, thermostats, engines Effects of expansion and contraction: e.g. fracture of bridges, glass breaks, rail tracks buckle 	 Investigating the expansion of different substances Comparing the expansion of different substances Recording data on expansion correctly 	 <i>Participating</i> actively in class activities <i>Applying</i> knowledge on the expansion of substances 	

торіс	SUD TODIC		CONTENT			
TOPIC	SUB TOPIC SPECIF	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
8	8.5.8 Reflection and refraction of Light	8.5.8.1 Describe what reflection is.8.5.8.2 Investigate the characteristics of reflection of light on mirror.	 Reflection of light: Bouncing of light off a smooth surface such as a mirror The characteristics of reflection of mirror 	 <i>Observing</i> reflection and refraction of light <i>Predicting</i> the path of light during refraction and reflection 	 Appreciating the use of light in everyday life Applying knowledge on light in 	
		 8.5.8.3 Describe what refraction is. 8.5.8.4 Identify the real and apparent depths of an object under water. 8.5.8.5 Explain the application of reflection and refraction. 	 Refraction of light: The bending, or changing of direction, of light rays when they pass from one material into another Refraction in water: Real and apparent depth Application of reflection and refraction: Reflection Searchlights, headlamps, magnifying mirrors. Refraction-in lenses 	 <i>Communicating</i> information on the characteristics of light <i>Accurately</i> recording the angles of incidence and refraction <i>Planning</i> to confirm real and apparent depth 	 everyday life <i>Participating</i> actively in class work <i>Cooperating</i> in group work <i>Listening</i> to friends' opinion with respects 	

		SDECIEIC OUTCOMES	CONTENT			
TOPIC	TOPIC SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
	8.5.9Composition of Air	 8.5.9.1 Identify the components of air 8.5.9.2 Investigate the proportion of each substance in air 8.5.9.3 Describe the nature of each substance in air 8.5.9.4 Describe the uses of each substance in air 	 Components of air: Nitrogen, carbon dioxide, oxygen and water vapour Proportion of substances in air : Oxygen 21%,Nitrogen 78% and other gases 1% Properties in terms of colour, odour, solubility, density The use of substances: Oxygen; in hospitals, steel works ,etc, Carbon dioxide; fire extinguisher, fizzy drinks etc ,hydrogen; 'Harden' vegetable oils, 	 <i>Communicating</i> the components of air <i>Investigating</i> the % of oxygen in air <i>Communicating</i> uses of substances of air 	 <i>Applying</i> knowledge on components of air in everyday life <i>Participating</i> actively in group work <i>Asking</i> more questions for better understanding 	

GRADE 9					
 General Outcomes: Demonstrate an understanding of the basic facts about the human body Develop investigative skills Recognise the importance of personal health Develop knowledge, values and positive attitudes for the immediate environment Demonstrate an understanding of the basic facts about plants and animals Acquire knowledge, values and positive attitudes about materials and energy 	 Key competences Demonstrate the ability to record the pulse rate, electric current and voltage Demonstrate the ability to purify water Show understanding and knowledge on the formation of images, rainbow Demonstrate the ability to care and protect plants and animals 				

TODIC	SUB TOPIC	SPECIFIC	CONTENT			
IORIC	SUB TUPIC	OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
9.1 THE HUMAN BODY	9.1.1Circulatory System	 9.1.1.1Describe the blood circulatory system. 9.1.1.2 Identify the components of blood and their functions 9.1.1.3 Describe the internal structure of the heart. 9.1.1.4 Illustrate the movement of blood in the double circulatory system. 9.1.1.5 Identify the role of the heart, lungs and blood vessels in blood circulation 9.1.1.6 Take the pulse rates at rest and after physical exercises. 	 The circulatory system involves the movement of blood in vessels around the body. It involves organs such as the Heart and lungs. Components of blood: Red Blood Cells-Transport oxygen and carbon dioxide, White Blood Cells- Fight disease; Platelets-For clotting; and Plasma-Transports water, body wastes, Food nutrients(glucose, amino acids, lipids) Internal structure of the heart: Atria, Ventricles, Valves, Vessels, muscle Movement of blood: Heart to lungs, and vice versa; Heart to rest of the body, and vice versa. Functions of organs in the circulatory system such as heart: pump blood, valves prevent back flow of blood; Lungs add oxygen to the blood and remove Carbon Dioxide; Arteries carry blood from the heart to the body while veins take blood to the heart. Pulse rates: taking pulse at rest and after exercising 	 <i>Communicating</i> the organs of the circulatory system <i>Comparing</i> veins and arteries <i>Predicting</i> the pulse rate when at rest and after an exercise <i>Investigating</i> the pulse rate 	 <i>Appreciating</i> the circulatory system <i>Applying</i> the recording of the pulse rate in everyday life <i>Cooperating</i> in group work <i>Asking</i> more questions for better understanding 	

SUB IOPIC		CONTENT		
	STECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
9.1.2Respiratory System	 9.1.2.1 Identify organs of the respiratory system of a human being. 9.1.2.2 Explain the functions of the organs of the respiratory system 9.1.2.3 Demonstrate the mechanism of ventilation in a human being. 9.1.2.4 Describe the exchange of oxygen and carbon dioxide in the lungs. 9.1.2.5 Explain tissue respiration 9.1.2.6 Explain the effect of cigarette smoking on the 	 Organs of respiration: Mouth, nose, trachea, bronchi, lungs, ribs, diaphragm and air sac. Functions of: nose, lungs, ribs, diaphragm, air sac Mechanism of ventilation: Inhaling-Diaphragm contracts; External Intercostal muscles contract and pull rib cage upwards and outwards; Lungs expand drawing air inside. Exhaling- The opposite of inhaling happens Gaseous exchange in the lungs: Diffuses out into the blood stream and carbon dioxide diffuses into the lungs from the blood. Tissue respiration: Chemical process in cells by which energy is produced from food (glucose). Effects of smoking: Lung cancer, 	 <i>Communicating</i> information on the organs of the respiratory system <i>Investigating</i> the process of ventilation using a model <i>Communicating</i> information on the diffusion of oxygen and carbon dioxide across the lungs. <i>Investigating</i> effects of smoking on health. 	 Appreciating the respiratory system Cooperating in group work Asking more questions for better understanding
· . 1	.2Respiratory System	 9.1.2.1 Identify organs of the respiratory system of a human being. 9.1.2.2 Explain the functions of the organs of the respiratory system 9.1.2.3 Demonstrate the mechanism of ventilation in a human being. 9.1.2.4 Describe the exchange of oxygen and carbon dioxide in the lungs. 9.1.2.5 Explain tissue respiration 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 	 9.1.2.1 Identify organs of the respiratory system of a human being. 9.1.2.2 Explain the functions of the organs of the respiratory system 9.1.2.3 Demonstrate the mechanism of ventilation in a human being. 9.1.2.4 Describe the exchange of oxygen and carbon dioxide in the lungs. 9.1.2.5 Explain tissue respiration 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 	 9.1.2.1 Identify organs of the respiratory system of a human being. 9.1.2.2 Explain the functions of the organs of the respiratory system 9.1.2.3 Demonstrate the mechanism of ventilation in a human being. 9.1.2.4 Describe the exchange of oxygen and carbon dioxide in the lungs. 9.1.2.5 Explain tissue respiration 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the effect of cigarette smoking on the respiratory system 9.1.2.7 Explain the effect of cigarette smoking on the respiratory system 9.1.2.6 Explain the

			CONT	TENT	
TOPIC	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
9.2 HEALTH	9.2.1 Sexually Transmitted Infections (STIs)	 9.2.1.1 Identify the common sexually transmitted infections 9.2.1.2 Explain transmission of Sexually Transmitted Infections 9.2.1.3Describe the prevention of STIs. 	 Common STIs: e.g. HIV, syphilis, gonorrhea, warts Transmission of Sexually Transmitted Infections: E.g. unprotected sex, blood transfusion with contaminated blood Prevention of Sexually Transmitted Infections : E.g. correct and consistence of condom use, one faithful partner, avoiding casual sex 	 <i>Identifying</i> common STIs <i>Inferring</i> the trend of STI infections given relevant data 	 Awareness of the prevalence of infectious diseases i.e. HIV and AIDS in Zambia Cooperating in group activities
		9.2.1.4 Explain the impact of HIV and AIDS on the population.	• Impact of HIV and AIDS: E.g. poverty, increase of orphans, pressure of health services.		
9.3 THE ENVIRONMENT	9.3.1 Cycles in the Biosphere	 9.3.1.1 Describe what Oxygen and Carbon cycle are 9.3.1.2 Identify factors affecting Oxygen and Carbon cycle. 9.3.1.3Describe the nitrogen cycle 	 What oxygen and carbon dioxide cycle in the environment is Factors of Oxygen and Carbon cycle; Plants: taking in Carbon dioxide and giving off Oxygen, Others: taking in Oxygen and giving off Carbon Dioxide Nitrogen cycle: Lightning, nitrogen fixing bacteria, planting of legumes, use of nitrogen rich for tilinom 	 <i>Comparing</i> the process of photosynthesis and respiration <i>Investigating</i> the processes that contribute to the balance of nature 	 Asking more questions for better understanding Applying knowledge on cycles to avoid harming the environment Participating
		9.3.1.4 Explain the natural balance of gases in the atmosphere	 tertilisers Correct proportions of oxygen, nitrogen and carbon dioxide in the atmosphere 	of nature	actively in class activities

TODIC	SUP TODIC	SPECIFIC OUTCOMES	CONTENT		
TOPIC	SUB IOFIC		KNOWLEDGE	SKILLS	VALUES
	9.3.2 Water Management	 9.3.2.1 Describe the importance of water management in our daily life. 9.3.2.2 Describe effective water management system 	 The importance of water management; source of water, generating electricity, etc Water management system; construction of dam, reservoir, purification plant 	 <i>Communicating</i> information on water management <i>Comparing</i> the different water management systems 	 Appreciating water management system in their life Participating actively in class activities
9.4 PLANTS AND ANIMALS	9.4.1 Conservation of animals and Plants	 9.4.1.1Explain the importance of domesticating animals and plants. 9.4.1.2 Explain ways of improving domestic breeds of animals and plants. 9.4.1.3 Identify animals and plants threatened by extinction. 9.4.1.4 Describe the importance of protecting endangered animals and plants. 9.4.1.5 Explain methods of protecting endangered animals and plants. 	 Importance of domesticating animals and plants: conserving, food, pets Ways of improving plant and animal breeds: E.g. crossing, cross-pollination, Animals and plants near extinction: e.g. Rhino, elephant (animals), sausage, mutondo, mukwa (plants). Importance of protecting endangered plants and animals E.g. tourism, food, shelter Methods of protection: game parks, forest reserves, game management areas(GMA) 	 Communicating the importance of plants and animals Investigating ways of improving plant and animal breeds Investigating animals and plants threatened with extinction Recording data from the observations made Communicating information on the methods of protecting endangered animals and plants 	 Appreciating plants and animals Participating actively in class work Asking more questions for better understanding

TODIC	SUP TODIC	SDECIEIC OUTCOMES	CONTENT		
TOPIC	SUB TOPIC	SI ECHTE OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	9.4.2Photosynthesis	 9.4.2.1 Identify the conditions necessary for photosynthesis 9.4.2.2 Identify the products of photosynthesis in a leaf 9.4.2.3Relate the process of photosynthesis to respiration 	 Conditions: Sunlight, carbon dioxide, water and temperature. Products of photosynthesis: Starch (Note: test for starch using iodine solution) Process of Photosynthesis (uses carbon dioxide from air and releases oxygen) while Respiration(uses oxygen and releases carbon dioxide) 	 <i>Experimenting</i> on factors necessary for photosynthesis <i>Investigating</i> the presence of starch in plants <i>Observing</i> the blueblack colour <i>Recording</i> data from the observations made <i>Inferring</i> the presence of starch in leaves. <i>Comparing</i> photosynthesis and respiration 	 Appreciating photosynthesis Cooperating in group work Asking more questions for better understanding Appreciating respiration Participating actively in class work Asking more questions for better understanding
	9.4.3Transpiration	 9.4.3.1 Describe the process of transpiration. 9.4.3.2 Investigate the factors that affect the rate of transpiration 9.4.3.3 Explain the importance of transpiration in plants 	 Transpiration: Loss of water by plants through the stomata. Factors affecting transpiration: E.ghumid, stomata, temperature Importance of Transpiration: Transportation of water and minerals from roots to the upper part of the plant 	 <i>Investigating</i> the factors that affect the rate of transpiration in plant <i>Recording</i> data from observations made 	 Appreciating transpiration Participating actively in class work Asking more questions for better understanding

TODIC	SUD TODIC	SPECIFIC OUTCOMES	CONTENT		
IORIC	SUBTOTIC	SI ECHIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	9.5.1Chemical	9.5.1.1Describe what chemical reaction is	• What chemical reaction is; Formation of new substances	• <i>Communicating</i> the formation of new	• <i>Applying</i> safety rules
9.5MATERIALS AND ENERGY	reaction	9.5.1.2Describe the nature of chemical reactions	 Nature of chemical reactions such as endothermic and exothermic 	 of chemical reactions <i>Classifying</i> different types of chemical 	• Cooperating
		9.5.1.3Classify different types of chemical reactions	• Different Types of chemical reactions: Synthesis, Decomposition, Single replacement, Double	 <i>Recording</i> data from the observations <i>Observing</i> the 	 • Asking more questions for
		9.5.1.4 Describe the chemical reaction of synthesis	ReplacementThe synthesis of copper: Copper combined with Oxygen.	 chemical reaction of synthesis <i>Measuring</i> the mass of substances before 	better understanding • <i>Listening</i> to
		 9.5.1.5Demonstrate the chemical reaction of water with electricity 9.5.1.6 Explain the law of conservation of matter 	 Copper + Oxygen → Copper Oxide The electrolysis of acidified water: splitting water into its component (twice as much hydrogen as oxygen) by means of an electric current The law of conservation of matter; the total mass of substances before a chemical reaction is acruel to the total 	 and after chemical reaction <i>Formulating</i> the models of chemical equation <i>Observing</i> the amount of each gas collected through the electrolysis of acidified water 	others with respect
			mass of the substances that are produced.		

TODIC	SUD TODIC	SDECIEIC OUTCOMES	CONTENT		
IOFIC	SUB IOFIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	9.5.2 Light and its nature	 9.5.2.1 Describe the different types of lenses. 9.5.2.2 Demonstrate the location of the focal point and focal length of a lens. 9.5.2.3Explain the mechanism of a converging lens to produce real and virtue images. 9.5.2.4 Explain the uses of converging and diverging lenses 9.5.2.5 Demonstrate the production of a spectrum from white light. 9.5.2.6 Demonstrate the combination of colours of the spectrum to produce white light. 9.5.2.7 Describe the production of a rainbow. 9.5.2.8 Explain why sunsets and sunrise appear red. 	 Types of lenses: Converging and diverging lenses Locating the positions of Focal point and focal length Real and virtual images of converging lenses Uses of: Converging lens- microscope ,film projector; Diverging lens-spectacles Production of a spectrum of light: Dispersing of white light using a prism Combining spectrum colours into white light: Two prisms ,one upside down to disperse white light Formation of a rainbow: Splitting of sun light by a rain drops. Why sunsets appear red: Red is 	 <i>Investigating</i> the focal length and position of the focal point <i>Planning</i> an experiment to find real and virtual images of an object using converging lenses <i>Experimenting</i> to see the colours of white light <i>Investigating</i> the combination of the seven colours into white light <i>Communicating</i> information on colour filters 	 Participating in experiments actively Cooperating in group work Taking precautions when using light sources Respecting the views of others Applying knowledge on spectrum in everyday life
	9.5.3Colour Filters	9.5.3.1 Explain that colours of an object depend on the colour of light it reflects.9.5.3.2 Describe the effects of colour filters on light rays.	 reflected, other colours are absorbed Why the colour of objects depends on the colour it reflects The effects of colour filters: Filtering of colours on light rays 	colour filters	

TODIC	SUD TODIC	SDECIEIC OUTCOMES		CONTENT	
TOPIC	SUB TUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	9.5.4 Electric Current and Voltage in Circuit	 9.5.4.1 Explain the difference between electric current and voltage 9.5.4.2 Demonstrate the use of an ammeter to measure electric currents in a circuit. 9.5.4.3 Demonstrate how to measure potential difference in a circuit. 9.5.4.4 Describe the relationship between potential difference and current. 9.5.4.6 Explain the use of electric current in the local environment. 	 The definition of electric current and voltage Use of an ammeter to measure current in amperes(A) Measuring potential difference in a circuit in volts(V) Relationship between current and potential difference Uses of electric current: E.g. lighting, heating, cooking 	 <i>Comparing</i> current in a series and parallel circuit <i>Investigating</i> the relationship between current and potential difference <i>Measuring</i> electric current and voltage in a circuit <i>Accurately</i> recording information from an experiment <i>Plotting</i> graphs given relevant data from experiment <i>Inferring</i> the relationship between electric current and voltage 	 Applying information on current and potential difference in everyday life Cooperating in group work Participating in class works actively Applying safety rules when experimenting
	9.5.5 Pressure	9.5.5.1 State what pressure is9.5.5.2 Identify factors affecting pressure in gases	 Pressure as force per unit area,(pressure= force/area) in N/m² Factors affecting pressure: temperature and volume. 	 <i>Observing</i> how pressure depends on the surface area and force applied <i>Investigating</i> how pressure is affected by temperature and volume. 	 <i>Applying</i> pressure in everyday life <i>Cooperating</i> in group work

TODIC	SUD TODIC	SDECIEIC OUTCOMES		CONTENT	
TOPIC	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	9.5.6 Energy and its conservation	 9.5.6.1 Explain what energy is. 9.5.6.2 Identify different forms of energy 9.5.6.3 Describe how different forms of energy can be changed 9.5.6.4 Explain the law of energy conservation 9.5.6.5 Explain the effects of energy production on the environment. 9.5.6.6 Explain ways of conserving energy. 	 Energy as the ability to do work Forms of energy: e.g. Potential energy, Kinetic energy, Chemical energy, Electric energy and Heat energy Conversion of energy Law of energy conservation Effects of energy generation e.g. land degradation, pollution. Conserving energy: use of alternative sources, avoid wastage energy, use three Rs of conservation. 	 <i>Comparing</i> different energy resources <i>Communicating</i> information on different forms of energy sources <i>Investigating</i> the conversion of energy from one form into different forms 	 <i>Applying</i> forms of energy conservation in everyday life <i>Participating</i> actively in class work <i>Appreciating</i> different forms of energy <i>Applying</i> safety rules when experimenting with different forms of energy
	9.5.7Communication	 9.5.7.1 Identify ways of sending and receiving information over long distances. 9.5.7.2 Describe the advantages and disadvantages of the different ways of sending messages 	 Ways of receiving and sending messages: E.g. Cell phones, radios, television, mail Advantages and disadvantages of each device:.refer to distance, signal strength, network failure. 	 Communicating information on sending and receiving messages Comparing different ways of sending messages 	 Awareness of different ways of communicating Applying ways of sending messages in everyday life group work Cooperating in group work

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TOPIC	SUB TODIC	SPECIFIC OUTCOMES			CONTENT		
TOPIC	SUB TUPIC	SPECIFIC OUTCOMES		KNOWLEDGE	SKILLS	VALUES	
	9.5.8 Digital and Analogue Transmission	 9.5.8.1 Describe the transmission of radio and television signals 9.5.8.2 Explain the amplification of sound 	•	Transmission: radio transmits sound signals and television transmits sound and image signals Amplification of sound: Strangthening of the signal	 <i>Observing</i> the stages of TV and radio broadcasting <i>Comparing</i> digital and analogue transmission 	 Appreciating both TV and radio transmission Applying ways of storing data in 	
		9.5.8.3 Explain the difference between digital and analogue transmission information		Differences between: Digital and Analogue transmission	transmission	 storing data in everyday life <i>Cooperating</i> in group work 	
	9.5.9 Satellite Communication	 9.5.9.1 Explain the use of satellite in long distance communication. 9.5.9.2 Describe the transmission of a live broadcast of an event from Africa to Europe using raw block diagrams 	•	Use of Satellite: in long distance communication. Transmission of a Live broadcast of an event	 <i>Communicating</i> information on satellite communication <i>Comparing</i> live and recorded broadcasting 	 Awareness of satellite communication Awareness of digital and analogoue transmission Participating actively in class activities 	

Integrated Science Practical Data

The following points should be considered during practical in Integrated Science:

- (i) The learner should have the knowledge in measurement of substances.
 The learner is expected to comprehend recording of breathing rate, measurement of mass, weight, temperature and volume.
 Experiments of this nature will rely on the use of ordinary apparatus in the laboratory.
- (ii) Experiments involving testing of gases or separating mixture could be set. A learner is expected to observe and investigate the expected outcome. This may comprise elementary distillation, chromatography, Magnetism, Floatation and Filtration . Detailed analysis is not necessary but a learner is expected to have the knowledge on how mixtures can be separated . A learner should also carry out the tests for Chemical tests for gases which should include carbon dioxide, hydrogen and oxygen dioxide. Organic substances and ions not mentioned above may be included in the practical sessions. A learner is expected to have sufficient knowledge in this area. Examination involving different substances similar to the ones specified above may be set but candidates are expected to draw out their conclusions from the observations.

N.B. No note books, course books, information booklets and text books will be allowed in the practical examination.

A learner shall be expected to perform simple calculations as outlined by the Integrated Science syllabus.

Apparatus

The following apparatus should be stocked for teaching and examination purposes. Each learner should be provided with the necessary apparatus to conduct the experiments.

Test-tubes

Measuring cylinder calibrated 25cm³ or 50cm³.

Filter funnel.

Beaker (polystyrene, glass) volume of 250cm³.

Conical flasks with volume of 250cm³.

Thermometers calibrated -10°C to 110°C at intervals of 1°C.

Stop clocks/stop watches which record time in seconds.

Wash bottles.

Pyrex test tubes are essential for heating purposes with capacities 125mmx 16mm.

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Boiling tubes i.e. of dimension 150mm x 25mm. Stirring rods for stirring or mixing purposes. Electronic balances /triple beam balances. Lenses, Ammeters, Voltmeters

Reagents

The following standard reagents should be stocked among others. These are of paramount importance during practical.

Sulphuric acid. 0.5 mol/dm³ Aqueous sodium hydroxide 1.0mol/dm³ Lime water (a solution of calcium hydroxide) Aqueous Hydrogen peroxide Dilute Hydrochloric acid Iodine solution

Test for gases

Gas	Test	Test result
Carbon dioxide	Bubble the gas through limewater	White precipitate formed
Hydrogen (H ₂)	Introduce a lighted splint into the gas	Puts out the lighted splint with a 'pop'sound
Oxygen (O ₂)	Introduce a glowing splint into the gas	Glowing splint relighted

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APPENDIX 1: SCOPE AND SEQUENCE

The following table shows the "Scope and Sequence" of integrated science syllabus from G1 to G9.

				Sub-T	opics & Know	vledge			
	G1	G2	G3	G4	G5	G6	G7	G8	G9
	 1.1.1 External parts of the human body External parts of human body 	 2.1.1 The Internal parts of the human Body Major internal parts Functions of major parts 			 5.1.1 The Heart Function of the heart Structure of the heart How to take the pulse 	6.1.1 The Blood • Composition of blood • Functions of blood • Double circulation of blood in the body: Artery and Veins			9.1.1Circulatory System • The blood circulatory system • Components of blood • Internal structure of the heart • Movement of blood • Functions of organs in the circulatory system
luman Body	 1.1.2 The senses Parts associated with the five senses 		3.1.1 Mouth Functions of mouth 				 7.1.1 The Digestive System What Digestive system is Organs of digestive system The parts of alimentary canal Undigested food 		
UNIT1: The H			3.1.2 Nose • Function of the nose		 5.1.2 Breathing The roles of breathing: The types of organs in breathing The function of organs in breathing The function of organs in breathing 				 9.1.2Respiratory System Organs of respiration Functions of organs in the respiratory system Mechanism of ventilation The function of lungs Tissue respiration Effects of smoking
				 4.1.1 Eyes Basic parts of eyes Function of eyes 4.1.2 The Ear Basic parts of ears 					
				Function of ears					

				Sub-T	opics & Know	ledge			
	G1	G2	G3	G4	G5	G6	G7	G8	G9
				4.1.3 The skinParts of the skinFunctions of the skin					
			 3.1.3 Structure of the Body Movement of arms and legs Movable joints Function of bones and muscles Broken arm or leg Parts of the human skeleton 						
	 1.1.3 Stages of human life Stages in the human life cycle Activities at different stages of human growth Role of clinics 				 5.1.3 Puberty Male and female parts of the body Changes of human body at puberty 	6.1.2 Features of pregnancy - Features of pregnancy - Signs and symptoms of pregnancy		 8.1.1 Human Reproductive System and Pubert Organs of reproduction Functions of reproductive parts Changes associated with puberty Importance of personal hygiene 	
						 6.1.3 Health risks Health and social risks for teenage pregnancy Health risks associated with early sexual debut 		 8.1.2Fertilization and embryo development The Process of Fertilisation Functions of the parts Gestation period and birth 	
: Health		2.2.1 Food Hygiene • Importance of food hygiene • Danger of exposed food • The importance of clean and safe water	3.2.1 Food • Importance of food • Food nutrients • Composition of balanced diet			6.2.1 Food Nutrients • Sources of vitamins and minerals • Roles of vitamins and minerals • Well-balanced diets • Food labelling • Common dietary diseases • Interpreting the children's clinic cards	 7.2.2 Fruits Fruits used as food Seeds used as food Importance of fruits and seeds for health 	 8.2.1 Nutrition The different types of food nutrients Dietary needs for different persons Nutritional deficiency diseases and their symptom The roles of children's clinics for nutrition 	
UNIT2	 1.2.1 Hygiene Importance of clean bodies in Prevention of diseases Ways of Cleaning Importance of hand 			4.2.1 Personal HygieneHow to care for Eyes, ears, Feet and skins					
	washing								

Sub-Topics & Knowledge									
G1	G2	G3	G4	G5	G6	G7	G8	G9	
Importance of clean surrounding			 4.2.2 Water in the body Importance of water for the body Effects of dehydration Prevention and treatment of dehydration 						
				5.2.1 Fresh Air • The importance of ventilation • The ways of good ventilation • First Aid treatment for a suffocated person					
1.2.2 Common Diseases • Communicable diseases				5.2.3 Malaria • Causes of malaria • Symptoms of malaria • Ways of preventing malaria					
		 3.2.3 Illnesses and diseases Common causes of diseases Common diseases in the community Infection and Non-infection disease The ways for preventing disease 		 5.2.2 Air and water borne Diseases Common air and waterborne diseases Symptoms of common air borne and water borne diseases Ways of preventing air and waterborne diseases 		 7.2.1 Diseases Differences between a virus and bacteria Effect of viruses and bacteria Effect of disease prevalence on health services 		9.2.1 Sexually Transmitted Infections (STIs) • Common STIs • Transmission of Sexually Transmitted Infection • Prevention of Sexually Transmitted Infections • Impact of HIV and	
	 2.2.2 HIV and AIDS The meaning of HIV and AIDS HIV Transmission Prevention of HIV 			5.2.4 HIV and AIDS and STIs • Ways of STIs and HIV transmission • Ways of prevention • Care and treatment of AIDs patients	6.2.3 Living with HIV and AIDSChallenges of living with HIV and AIDS			AIDS	
		3.2.2 Drug AbuseCommon drugsEffects of too much drugs		5.2.5 Harmful Substances and their effects • Harmful substances • Harmful effects • Effects of alcohol	 6.2.2 Effects of harmful Substance Effect of substance abuse on lives How to Help substance addicts 				
			4.2.3 Medicines • Traditional Medicines						

				Sub-T	opics & Know	vledge			
	G1	G2	G3	G4	G5	G6	G7	G8	G9
nt	1.3.1 The Environment • Features of the local environment • Urban and Rural Environment • Importance of environment	2.3.1 Our environment • Harmful things in environment • Wastes in environment • Effects of harmful things • Keeping homes and schools clean • Caring of surrounding by cleaning	3.3.1 Soil formation • Weathering • Agents of weathering • Soil layers		 5.3.1 Soil Importance of water in the soil Retention of water in soil Drainage rates of soils 				
3: The Environme				 4.3.3 Fertile Soils Types of soils: How to improve soil fertility The superiority of natural methods 	 5.3.2 Fertilizers What organic and inorganic fertilizers are Way of Preparing compost manure Importance of maintain a supply of composted materials Advantages and disadvantages of chemical fertilizers in agriculture 				
LINU				 4.3.1 Forests Importance of forests Human activities Ways of conserving forests 					
				4.3.2 Game Management Areas (GMA) • Control of wild animals • Threats to wildlife • The importance of Conserving wild life					
				4.3.4 Pollution • Types of pollution • Sources of pollution • Conserving resources				8.3.1 Water, Air and Land Pollution • What Pollution is • Types of pollution • Causes of pollution • Effects of pollution • Ways of preventing pollution	

				Sub-T	opics & Knov	vledge			
	G1	G2	G3	G4	G5	G6	G7	G8	G9
						6.3.1 The water cycle The water cycle system • The process of Evaporation and Condensation of water in the environment • Effects of water cycle	 7.3.1 Water supply system Sources of water for our life Water treatment in urban and rural areas Importance of water treatment Water conservation 		 9.3.2 Water management The importance of water management Water management system
									9.3.1 Cycles in the Biosphere What oxygen and carbon dioxide cycle in the environment is - Factors of Oxygen and Carbon cycle - Nitrogen cycle - The nature balance of oxygen, nitrogen and carbon dioxide in the atmosphere
s	 1.4.1 Local Plants Local plants Plant growth stages 	2.4.1 Parts of PlantsPlant partsThe life cycle of a plant	3.4.1 Plant Classification • Classification of plants in Flowering and Non- Flowering; Flowering Plants		 5.4.1 Non Flowering Plants Types of non- flowering plants The use of Ferns and Fungi for our life 			 8.4.1 Plants Cells Parts of a microscope The structure of plant cell Functions of cell parts 	
Anima				4.4.1 Flowering plantsFunction of parts of the flowering plant			7.4.1 The flowerParts of a flowerFunctions of parts of flower		
lants and							 7.4.2 Pollination and fertilization in flowering plant Pollination Agents of pollination Fartilization in plants 		
UNIT4: P				-			 7.4.3 Fruits and seeds The roles of seeds The process of seed growth Importance of 		
				-			7.4.4 Seed dispersal • Seed dispersal		
							Ways of seed dispersal Importance of seed dispersal		

			Sub-T	opics & Know	ledge			
G1	G2	G3	G4	G5	G6	G7	G8	G9
						 7.4.5 Propagation What plant propagation is Methods of plant propagation Plant propagation in local area 		
			 4.4.2 Plant Growth Conditions required for seed germination Factors for plant growth Steps in growing maize 		 6.4.1 Photosynthesis The movement of water/mineral Process by which plants make food The presence of starch in a leaf: 		 8.4.2 Plant Growth and Nutrients Regions of plant growth Responses to stimuli Plant nutrients How plant obtain minerals Sources of plant nutrients Advantages and disadvantages of 	9.4.2Photosynthesis • Conditions necessary for photosynthesis • Products of photosynthesis • Process of Photosynthesis
							inorganic and organic fertilizers • Effects of excessive fertilisers	9.4.3Transpiration • Process of Transpiration • Factors affecting transpiration • Importance of Transpiration
 1.4.2 Animals around us Wild animals Common Activities of animals 	 2.4.2 Types of Animals Different types of animals Animals and food Places where animals are found Protection of animals from enemies Conserving animals 	 3.4.2 Animal Classification Classification of animals in Vertebrate and Invertebrate Groups of vertebrates 		 5.4.2 Invertebrate Animals Different types of Invertebrate Animals; Basic Structures of insects and spiders Usefulness of insects 	 6.4.3 Vertebrate animals The different types of Vertebrate animals Adaptation of vertebrates Life cycle of vertebrate animals The ways of conserving vertebrates 		 8.4.3Animal Cell Structure of an animal cell Functions of cell parts Differences between plant and animal cell 	
		3.4.3 Homes of living thingsPlace of living	 4.4.3 Domestic Animals The types of domestic animals Favourable pasture and conditions Importance of domestic animals 	 5.4.3 Pest and Parasites Common pests and parasites Harm caused by pests and parasites Parasite and pests control Harm on environment caused by Chemical pesticides 	6.4.2 Care for Domestic Animals • Basic needs of livestock • Importance of cleanliness in the care of livestock • Farming Procedure of domestic animals			 9.4.1 Conservation of animals and Plants Importance of domesticating animals and plants Ways of improving plant and animal breeds Animals and plants near extinction Importance of protecting endangered plants and animals Methods of protection

				Sub-T	opics & Know	vledge			
	G1	G2	G3	G4	G5	G6	G7	G8	G9
	 1.5.1 Types and properties of Materials Different types of Materials Properties of materials Uses of materials 	 2.5.1 Soluble and insoluble Materials Matter in Solid and liquid form Dissolving and non- dissolving substances The different rate of dissolution of materials 	3.5.2 Solutions • Saturated and unsaturated solution	 4.5.1 Making Mixtures The differences between a substance and a mixture The nature of mixtures The types of mixtures 	5.5.1 Separating substances • Separating of a soluble and an insoluble solid from water • Separation of iron fillings from sand			8.5.3 Mixtures • What a mixture is • Types of Mixtures • Separating methods of Mixtures • Industrial application of separation techniques	9.5.1Chemical reaction • What chemical reaction is • Nature of chemical reactions • Different Types of chemical reactions • The synthesis of copper • The electrolysis of acidified water • The law of conservation of matter
and Energy			 3.5.1 Three States of matter Effects of heating and cooling on matter Process of change of states 					 8.5.1 Composition of Matter Composition of matter (Atoms & Molecules) Structure of an atom Symbols of Common Atoms Models of Molecules: 	
T5: Materials				 4.5.3 Air What Air is Uses of air Advantages and disadvantages of winds 		6.5.1 Nature of Air • Composition of air • Physical properties of air • Characteristics of air		 8.5.9 Compositions of Air Components of air Proportion of substances in air The nature of air The use of substances in air 	
UNI								 8.5.2 Physical Change of State What Physical change is Arrangement of Atoms in the three states of matter Temperatures at which matter changes state 	
							 7.5.5 Metals and Non- metals Types of metals & Non-metals Conduction and non- conduction of electricity 		

			Sub-T	opics & Know	vledge			
G1	G2	G3	G4	G5	G6	G7	G8	G9
	2.5.2 Sources of Sound • Sources of sound • Different sounds				6.5.2 Sound • What sound is • How sound can make • Transmission of sound • Making sound louder	 7.5.6 Mining Minerals mined in Zambia Properties of copper Extraction of copper Items made from copper Impact of mining 7.5.1 Energy What Energy is Types of energy Energy conversion 		 9.5.6 Energy and its conservation The definition of Energy Forms of energy Conversion of energy Law of energy conservation Effects of energy generation Conserving energy
	2.5.3 Light • Sources of light • Light & Shadow		4.5.5 Nature of Light • Movement of light • Passage of light through material				8.5.8 Reflection and refraction of Light • Reflection of light • The characteristics of reflection of mirror • Refraction of light • Refraction in water • Application of reflection and refraction	 9.5.2 Light and its nature 9.5.2 Light and its nature Types of lenses Location of the positions of Focal point and focal length of lens Real and virtual images of converging lenses Uses of converging and diverging lenses Production of a spectrum of light Spectrum Formation of a rainbow Why sunsets appear red? The nature of colour of objects The effects of colour filters

Sub-Topics & Knowledge									
G1	G2	G3	G4	G5	G6	G7	G8	G9	
			 4.5.4 Magnets The nature of magnet Types of magnets Magnetic Materials Two types of poles of a magnet The laws of repulsion and attraction The uses of magnet 						
				 5.5.2 Electricity What electricity does Sources of electricity The application of electricity in our life Conductors of electricity Uses of good and bad conductors in our life 					
				5.5.3 Heat Conductors • What heat is • Temperature measurement • Good and bad conductors of heat • Good insulators • The uses of good and bad conductors of heat in our life			 8.5.6 Heat transfer Types of heat transfer: conduction, convection and radiation Movement of heat in solid, liquid and air The application of heat transfer 		
							 8.5.7 Heat and expansion of substances Expansion of substances Use of expansion in everyday life Effects of expansion and contraction 		
						 7.5.2 Electric current and Circuits What Electric current is How to make a simple circuit Two types of circuits Action of a switch 		 9.5.4 Electric Current and Voltage in Circuit The definition of electric current and voltage How to use an ammeter and its unit How to use a Voltmeter and its unit Relationship between current and potential difference Uses of electric current 	

	Sub-Topics & Knowledge									
G1	G2	G3	G4	G5	G6	G7	G8	G9		
						 7.5.3 Lightning Causes of lightning Effects of lightning Preventing damage from lightning Importance of lightning 				
			 4.5.2 Forces Types of forces What forces do Use of force in daily life 	 5.5.6 Simple Machines What simple machine is 6 Kinds of simple machines Application of simple machines 5.5.4 Measuring Matter Instruments for measuring mass and weight Effect of gravity Difference between mass and weight 			 8.5.4 Mass and Weight Mass and Weight Measurement of mass and its units Measurement of weight and its units Calculating the weight of different substances given the masses Difference between mass and weight 			
					6.5.3 Pressure • Effects of pressure • The relation between area and force • Application of pressure in our life		 8.5.5 Density What Density is Factors of density Sinking and floating How vessels float Effects of overloading 	 9.5.5 Pressure The definition of Pressure Factors affecting pressure 		
				5.5.5 Volume • Instruments for measuring volume • Measuring Volume of given liquids • Measuring Volume of regular and irregular solid objects.			vessels			
					 6.5.4 Communication Methods of communication Importance of communication Use of sound waves 			 9.5.7 Communication device Ways of receiving and sending messages Advantages and disadvantages of each device 		

	Sub-Topics & Knowledge								
G1	G2	G3	G4	G5	G6	G7	G8	G9	
								9.5.8 Digital and Analogue Transmission	
								 Tradis and television signals Amplification of sound Differences between Digital and Analogue transmission 	
								9.5.9 SatellitecommunicationUse of SatelliteTransmission of aLive broadcast of anevent	
						 7.5.4 The solar system The formation of Solar system Difference between sun and the planets Source of light in the solar system The movement of the earth and the moon The cause of day & night The cause of seasons Formation of solar and lunar eclipse Uses of solar energy 			